
SENIORS NEWSLETTER

Inter-Agency Council for Aging, Inc. of Staten Island, NY

**** A Coalition of Agencies Serving Staten Island's Elderly ****

c/o Sea View Hospital
Administrative Building, Room 123
460 Brielle Avenue
Staten Island, NY 10314

(718) 667-3162

Funded by the Office of the Staten Island Borough President &
The New York City Department for the Aging

Carol Dunn, Executive Director

JULY-AUG. 2010

The Editors:

July - August are the LAZY, HAZY days of summer. We also celebrate July - > Independence-Day - the 4th ; Chocolate Day - the 7th; ---- and August -> Watermelon Day, the 3rd ; Women's Equality Day, the 26th .

Summer Quotations

You're a grand old flag,
You're a high flying flag
And forever in peace may you wave.
You're the emblem of, the land I love,
The home of the free and the brave.
Ev'ry heart beats true 'neath the Red, White and Blue,
Where there's never a boast or brag.
But should auld acquaintance be forgot,
Keep your eye on the grand old flag.
--George M. Cohan

----- Then
followed that beautiful season ... Summer ,
Filled was the air with a dreamy and magical light; and
the landscape,
Lay as if new created in all the freshness of childhood.
~Henry Wadsworth Longfellow.

Once again, we would like to bring to your attention that we have updated our internet website with a very comprehensive listing of agencies and services for the S.I. senior community. Please visit and stay informed :
<http://www.seniorcitizenhelp.org>

BULLETIN BOARD

- **Senior Olympics 2010** - Where the silver goes for the gold ; Mark your calendar The dates for the event are Oct. 3rd to Oct. 8th . For updates/information - JCC 718 475-5260 & the YMCA 981-4933 ; so it may be a good time to hone your personal skills during the summer months. This is for those 50 plus. **Remember**, if you have allowed yourself to hibernate, get out and start that walking, exercising, bowling, swimming and those other physical activities. Do it slowly. No one wants any accidents. In other words "Use It or Lose It". Marie Ellner came on board as Coordinator last year. If you have questions call 718-981-4933 .
- **SeniorNet of Staten Island, Inc.**= At the JCC , 1466 Manor Road The Summer 2010 classes will start the week of July 5, 2010. Most classes meet for two to three hours once a week with varying schedules of 4 to 8 weeks duration according to the particular class. for more information call - JCC at 718 475-5260 .
- **Volunteer Opportunity - Meals on Wheels of Staten Island, Inc.** is a non-profit agency whose mission is to provide two nutritious meals each day to the homebound elderly. As the demand for

meals continues to grow, so does our need for volunteer drivers. If you are available for approximately two hours, one day a week, you can volunteer to deliver meals to elderly neighbors in your community, or volunteer in our office. Please contact Roseann Holt, Volunteer Coordinator at 718.727.4435 for further information.

SENIOR FRAUD TIPS - Summer is the time of year to relax but seniors should not let their guard down in being alert to fend off hucksters and scam artists. Here are some tips to help protect your money and your identity.

TELEMARKETING FRAUD - It's sometimes hard to tell if a sales pitch is legitimate or fraudulent. You can't judge it by the tone of someone's voice, or how friendly or sincere the person seems. Good salespeople are convincing, and so are crooks. But it's probably a scam if:

- * The caller claims that you can make huge profits in an investment with no risk. All investments are risky and legitimate companies must tell consumers about the possible risks involved.
- * The caller is asking for a donation but won't tell you exactly how the money will be used and how you can verify the charity and what it does. Legitimate charities always willing to tell consumers who they can check with to confirm that they are legitimate.
- * The company asks for cash. Legitimate companies don't ask for cash, but con artists do. * The caller asks for your credit card number, and/or other financial information when you aren't buying anything or paying with those accounts.
- * The company offers to get you a loan, or a credit card, or to "repair" your bad credit if you pay an up-front fee. Legitimate lenders and credit card issuers do not demand payment in advance, and no one can get bad

information removed from a credit file if it is accurate.

IDENTITY THEFT - Guard your financial information.

- * Only provide your credit card or bank account number when you make a purchase.
- * Keep your social security number confidential. It's the key that unlocks your identity. Don't give it to anyone unless you're sure who it is and why it's necessary to provide it.
- * Beware of imposters (**Phishing**). Crooks pretending to be from companies you do business with may call or send an email, claiming they need to verify your personal information. Be especially suspicious if someone contacts you and asks you to provide information they should already have. Always contact the company directly to confirm that the call or email is from them.
- * Keep your mail safe. Your mail contains account numbers and other personal information. Collect it promptly from your mailbox. Mail bill payments at the post office or a public mailbox, not from your home mailbox.
- * Memorize your passwords and PIN numbers. Don't leave them in your wallet or on your desk where someone else could find them.
- * Lock it up. Keep your personal information locked up at home, at work, at school, in your car, and other places where you might keep it so others won't have easy access to it.
- * Stay safe online. Don't send sensitive information such as credit card numbers by email, since it's not secure. Look for clues about security on Web sites. At the point where you are asked to provide your financial or other sensitive information, the letters at the beginning of the address bar at the top of the screen should change from "http" to "https" or "shttp." Your browser may also show that the information is being encrypted, or scrambled, so no one who might intercept it can read it.
- * Check your credit reports regularly. If you find accounts that don't belong to you or other incorrect information, follow the instructions for disputing those items.

* You can ask for free copies of your credit reports in certain situations. If you were denied credit because of information in a credit report, you can ask the credit bureau that the report came from for a free copy of your file. And if you are the victim of identity theft, or you are on public assistance, you can ask all three of the major credit bureaus for free copies of your reports. Contact the credit bureaus .

* Everyone can request free copies of their credit reports once a year. In addition to the rights described above, a new federal law entitles all consumers to ask each of the three major credit bureaus for free copies of their reports once in every 12-month period. Go to www.ftc.gov/credit or call 877-382-4357 for more details and to see when you can make your requests. You don't have to ask all three credit bureaus for your reports at the same time; you can stagger your requests if you prefer. Do not contact the credit bureaus directly for these free annual reports. They are only available by calling 877-322-8228 or going to www.annualcreditreport.com. You can make your requests by phone or online, or download a form to mail your requests.

S. I. Borough President's 2009 Summer Events Calendar

Borough President James P. Molinaro has announced his upcoming 2009 Free Summer Events schedule. Check the Events Calendar for details or call Joanne Nuzzo at 718-816-2133.

JULY

Celebrate America Concert & Fireworks

Saturday, July 3, Wolfe's Pond Park

7-9 p.m. featuring the United States Army Band

9 p.m.: Fireworks

AUGUST

All Children's Day

Sunday, August 1, Willowbrook Park Carousel for All Children, 2-5pm .2-5 p.m.

2 p.m.: Kids Choice DJ (children's show)

3 p.m.: Crafts, games and rides

Back to the Beach

Saturday, August 14

Noon-9 p.m.: Midland Beach Sea Turtle Circle

3 p.m.: Ollie's Puppets (Children's Show)

4:30 p.m.: Ray Rodriguez Orchestra

6 p.m.: Joe Bonanno and the Godsons of Soul

7:30 p.m.: Jerry Hat Trick and The Flatliners

9 p.m.: Fireworks

Sunday, August 15

Noon - 9 p.m., Midland Beach Sea Turtle Circle

2 p.m. - Junior Jams (Children's show)

3:30 p.m.: Man in Black (Tribute to Johnny Cash)

5 p.m.: Tommy Pascal & the Latin Expressions

6:30 p.m.: Bobby & the Jets (Tribute to Elton John)

8 p.m.: Shining Star (Tribute to Earth, Wind & Fire)

Friday, August 27

End of Summer Doo-Wop Concert & Fireworks

7-8:30 p.m., Ocean Breeze Fishing Pier

Entertainment to be announced

8:30 p.m.: Fireworks

Thursday nights, 8-10 p.m.

July 8

8-10 p.m., Silver Lake Park

Featuring The Bronx Wanderers

Dedicated to Autism Awareness

July 22

8:00-10:00p.m., Westerleigh Park

Featuring Blue Meanies and Head Over Heels

July 29

8:00-10 p.m., Conference House Park

Featuring Alive n' Kickin

Aug. 5

8-10 p.m., Snug Harbor Cultural Center

Featuring The Rat Pack

Aug. 12

8-10 p.m., Alice Austen House

Featuring Manhattan Skyline

Aug. 19th

8-10 p.m., Clove Lakes Park

Featuring Déjà vu and New York Minute

Have a Happy, Healthy Summer!

SENIOR CENTERS AND FRIENDSHIP CLUBS

Note: Due to Budget constraints three Centers had to close; Berry Homes, South Beach and Mariners Harbor.

CENTER	ADDRESS	PHONE/FAX	DIRECTOR
A Very Special	1429 Hylan Blvd. 10305	987-1234 ,	Genevieve Benoit
	gbenoit@veryspecialplace.o	Fax 987-6065	
Arrochar FC*	85 Jerome Ave. 10305	720-6110	Amy Votinelli
	arrocharfriendship@si.rr.co	Fax 815-2478	
Cassidy Coles	125 Cassidy Pl. 10301	273-6808	Jamie Santoro
	srcntrdircc@aol.com	Fax 273-6838	
CCCS Senior Guild #	120 Anderson Ave. 10302	448-5757	Michelle Lavignera
	michelle.lavignera@archny	Fax 448-6749	
CYO Senior Guild #	120 Anderson Ave. 10302	448-5757	Marni Caruso
	marni.caruso@archny.org	Fax 448-6749	
Great Kills FC*	11 Sampson Ave. 10308	356-5050	Deborah Sica
	sicsfcgk@aol.com	Fax 356-7739	
JCC South Shore	1297 Arthur Kill Rd. 10312	475-5283	Jodie Kornblum
		Fax 356-8536	
JCC South Shore	1297 Arthur Kill Rd. 10312	475-5273	Sheila Lipton
	slipton@sjcc.com		
Mt. Loretto FC *	6581 Hylan Blvd. 10309	984-8589	Anna Stout
	mountlorettosc@gmail.com	Fax 966-9008	
New Dorp Beach FC *	128 Cedar Grove Ave. 10306	987-3934	Maria Didato
	newdorpseniorcenter@si.rr	Fax 979-4290	
New Lane SC	70 New Lane 10305	448-5936	James Malandro
	srcntrdirnl@aol.com	Fax 448-5939	
Forever Young SC	330 St. Marks Place 10301	273-6680	James Malandro
	scrntrdirnl@aol.com	Fax 815-5273	
Stapleton SC#	189 Gordon St. 10304	981-8828	Glenda Martinez
(CCCS)	glenda.martinez@archny	Fax 876-5660	
Todt Hill FC*	184 Schmidts Lane 10314	698-7979	Jeanne Agnello
		Fax 477-9182	
West Brighton SC#	230 Broadway 10310	727-9763	June Hope
(CCCS)	June.hope@archny.org	Fax 727-0314	
**YMCA	651 Broadway 10310	981-4933	Stella Bennardello
	sbennardello@ymcanyc.org	Fax 720-4365	
**YMCA	3939 Richmond Ave. 10312	227-3200	Valerie Krause
	vkrause@ymcanyc.org	Fax 356-5122	

* FOR THE SI FRIENDSHIP CLUBS SEND ALL CORRESPONDENCE TO: LEE VACCARO,
EXEC. DIRECTOR, SIFC, 11 SAMPSON AVE.,SI 10308 , (718) 356-5050 & 356-3555 Fax 356-7739 .

FOR ALL "CCCS" SENIOR CENTERS CONTACT: MICHELLE LA VIGNERA, DIRECTOR SI SOCIAL SERVICES,
120 ANDERSON AVE., SI 10302 (718)448-5757 FAX (718) 448-6749 .

PLEASE BE ADVISED THAT THE MARINERS HARBOR SC SENIORS ARE NOW ATTENDING CCCS SC AT 120 ANDERSON AVE.- PT. RICHMOND

CASC - (Community Agency for Senior Citizens) Senior Centers, questions related to all may be
directed to Colleen Downes, CASC Senior Manager - (718) 981-6226 ; FAX (718) 981-5564.

** The YMCA offers special programs for senior citizens.

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